59% of 淤口口 dc neighborhoods ARE WALKABLE



14,700 TREES PLANTED





APRIL 2016 | THIRD YEAR PROGESS REPORT

🛄 www.sustainabledc.org/planprogress | 🎽 sustainable.future@dc.gov | 🍠@SustainDC

Take 10

Sustainable DC is the District's plan to become the healthiest, greenest, and most livable city in the nation. Everyone plays a role in achieving this goal. Here are 5 things to do today and 5 things to do this year to help. **Get more information at www.sustainabledc.org/taketen.**





🕜 Dial Back

Adjusting your thermostat 1° can save \$80 a year.



🖉 Stop Junk Mail

On average, households receive 848 pieces of junk mail each year! Unsubscribe from unwanted mailings and try paperless billing.



✓ Take the Stairs

Climbing stairs strengthens muscles and bones, burns calories, and can be faster than the elevator. Try the stairs at the office, or even climb the Metro escalator.



🕜 Plant a Tree

Trees clean the air, prevent flooding, and reduce cooling costs. Call 311 to request a street tree and visit **ddot.dc.gov/page/ tree-planting-ddot-trees** to track tree plantings in your neighborhood.



🖉 Stay In Touch

Sign up for the Sustainable DC Newsletter at **sustainabledc.org** and follow us on social media **@SustainDC.**

<u>This Year</u>

🕜 Go Solar

Going solar is easier and more affordable (often at no cost) than you realize. Check out your solar potential and get started at **mapdwell.com/en/dc.**

🕜 Compost

The average family throws away 25% of the food they buy. Turn scraps into soil with a backyard compost bin or find a community compost site near you. Visit **dpr.dc.gov/service/communitycompost-cooperative-network.**

🕜 Get Fit DC

Less than 5% of adults get 30 minutes of exercise daily. Check out **fitdc.com** to find a recreation center, trail, or park near you and start training for the Mayor's FreshStart 5k!

🕜 Stay Native

Include native plants in spring gardens to support local wildlife and pollinators—like butterflies, bees, and birds. Learn more at **doee.dc.gov/pollinators.**

Volunteer

Join us for a service day, or become a Sustainable DC Ambassador in your neighborhood and help spread the word! Learn more at **sustainabledc.org.**

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