



Sustainable DC Schools Challenge: Strawberries and Salad Greens Day

During this year's [Strawberries and Salad Greens Day](#) on May 21, 2014 the Office of the State Superintendent of Education (OSSE) and [Sustainable DC](#) are partnering to bring you the Sustainable DC Strawberries and Salad Greens School Challenge!

Participating is very easy. Just [register your school](#) for Strawberries and Salad Greens (SSG) Day with OSSE. Plan some activities and share them with OSSE and Sustainable DC for points. The winning school will be recognized at a special ceremony, featured in the press and on social media, and receive a plaque in honor of their achievement.

ACTIVITY	POINTS
Register for SSG Day	25 points
Submit a recipe	5 points per recipe
Create a map of healthy food options	5 points per map
Take or draw a picture of your family eating healthy food	5 points per picture

ENTRY SUBMISSION

Directions for each activity are on the following page. **Whenever you submit an entry, be sure to include the name of your school.** To be eligible, entries must be received via email or mail by 5:00 pm on Thursday, May 29 at the following addresses:

Email: [Erica Steinhart](#)

Mail: Dan Guilbeault
District Department of the Environment
1200 First Street, NE, 5th Floor
Washington, DC 20002

Questions may be directed to [Erica Steinhart](#) or [Dan Guilbeault](#) (phone: (202) 281-3957).



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DIRECTIONS

1. Register for SSG Day

[Register your school](#). Activities and lesson plans are available at the above website.

2. Submit a recipe

There are a million ways to prepare strawberries and salad greens! Create a recipe following the [guidelines](#) (includes strawberries and/or salad greens, contains 5 to 10 ingredients and minimal sugar/salt along with a picture of the dish and chefs, and a short description of how you came up with the recipe, why it's important to you, and how you obtained any local ingredients) and email to [Erica Steinhart](#) (or mail to Dan Guilbeault at the address above) by Thursday, May 29. If you have already submitted a recipe, your points will be added!

3. Submit a map of healthy food options

Where is healthy food available in your neighborhood? It could be a garden, grocery store, corner store, or other place. Print off a [map of your ward](#) or draw your own map to show all the places in your neighborhood where your family and neighbors can get healthy food. This information will be used in healthy food access planning. Scan and submit your maps to [Erica Steinhart](#) at (or mail to Dan Guilbeault at the address above) by Thursday, May 29.

4. Take or draw a picture of your family eating healthy food

Take what you learned and bring it home. Take (or draw) a picture of your family or friends eating healthy food at home. If you have a Twitter account, post your photo on Twitter: [@SustainDC](#) or [@OSSEDC](#) with the hashtag #berriesandgreens. Make sure to include the name of your school in your post! You can also email your photo or drawing to [Erica Steinhart](#) at (or mail to Dan Guilbeault at the address above) by Thursday, May 29.